

CIRCUIT

Corporate Catalog

WELLNESS

- Attainable Self-Care in the Workplace
- Mindfulness in the Workplace
- Effective and Receptive Boundaries
- Mindfully Transitioning from Remote to In-Person
- Effective Employee Retention Initiatives
- Wellness in Your Remote Workplace
- Increasing Motivation for Success
- The Power of Positive Self-Talk
- Ergonomics for the Mind
- Compensatory Strategies for Reduced Attention
- Effects of Physical & Mental Wellness on Cognition
- Sleeping for Success: The Need to Promote Restful Sleep

LEADERSHIP

- Leadership in ALL Roles
- Learning to Lead; Promotional Training
- Effectively Leading Diverse Teams
- Leading Multidisciplinary Teams
- Effective Communication for ALL Leaders
- Retaining Leaders through Systematic Changes
- Combating Imposter Syndrome
- Multitasking Like a Master
- Increasing Employee Loyalty

TEAMS

- Navigating Personalities in the Workplace
- Effective and Realistic Team Building
- Responding Vs. Reacting; Conflict Resolution
- Cohesiveness in the Workplace
- Supporting Team Self-Care
- Collaborating with Difficult Coworkers
- Identifying Workplace Burnout

CIRCUIT

Corporate Catalog

DIVERSITY

- Community Partnerships for Corporate Success
- Learning from Within; Diversity in your workplace
- Building Diversity with Discussion
- Increasing Inclusivity for Workers with Disabilities
- Diversity Beyond Demographic Factors
- Bringing Personality into Practice
- Being Your Authentic Self in the Workplace

NEEDS ASSESSMENT

Circuit Consulting conducts "Needs Assessments" as a service offering to better understand the companies and organizations we are serving.

Our Needs Assessments are conducted by licensed clinicians with extensive clinical and organizational effectiveness experience. Our clinicians work closely with each multidisciplinary team and division of your workplace to ensure that our teams has a thorough understanding of your workplace dynamics before recommending specific support services.

To learn more about our Needs Assessment process, please contact: info@circuitconsultingllc.com for a consultation.